



PDT Care Instructions:

Please stay out of the sun for 48 hours. Use a hat, long sleeve shirts, or pants with sunscreen depending on the areas you had the treatment. If you experience itchiness you may use over the counter Benadryl cream or oral Benadryl at night because it can make you drowsy. Use Aquaphor or other samples provided to moisturize your skin. To soothe, you can put aquaphor in the fridge and apply it cold. Use Ibuprofen as needed to decrease inflammation. To reduce swelling, you can elevate the affected areas or use ice packs as needed for the first two days. Use a gentle cleanser to wash the areas and reduce irritation.

If you feel a tingling sensation around certain lights, computer or T.V. screens, put on your sun protection or turn them off. This can be normal, certain lights can activate the levulan we put on you before you went under the light.

If you have any questions or concerns, please call and speak with a nurse at (281) 240-4313.

