

BIOPSY INSTRUCTIONS

BIOPSY RESULTS

- Most biopsy results are sent through your patient portal. **Biopsy results that require additional treatment or attention will be communicated to you by phone.**
- A notification will be sent to you via email when results are available in your portal. If you do not receive this email in 2 weeks after your biopsy, please call our office at (281)240-4313 and hit option 2.
- Go to <https://completerm.ema.md> to access the patient portal. Your username is your email address. If you do not know your password, click FORGOT PASSWORD.

BIOPSY WOUND CARE

- Please keep the bandage that we place intact until your next shower or bath. At that time, remove the bandage and cleanse the area gently with soap and water.
- After cleansing, apply a small amount of **Vaseline** or **Aquaphor** (these ointments are preferred over antibiotic ointments such as Neosporin due to allergic reactions) on the area 1-2 times per day with a new band aid until healed. This keeps the wound moist to prevent a thick scab from forming and allows the wound to heal quickly with minimal scarring.
- Biopsy sites take 2-3 weeks to heal.
- The spot may be tender to the touch, and you may see a thin rim of redness around the edge of the biopsy site. This is normal.
- If biopsy was on your face and you do not want to wear a bandage, it is especially important to keep the site covered with Vaseline or Aquaphor at least 2-3 times per day.
- If sutures were placed, please return to the clinic to have them removed as instructed.

CRYOTHERAPY WOUND CARE

- Liquid nitrogen is extremely cold (-321 degrees). When sprayed on the skin, the top layer of the skin rapidly freezes. The site will be red and a little swollen. It may sting and itch as it thaws.
- Expect the site to look worse over the next few days. Swelling and/or blistering often develops within hours after treatment.
- 2-3 days after treatment a scab will form and then should fall off about 7-10 days later leaving a smooth pink layer.
- The treatment site may get wet with normal bathing and showering.
- If a blister forms, you may pop it with a clean sterilized needle but do not remove the roof of the blister. Keep it moist with Vaseline or Aquaphor until fully healed.



SCAN ME!